

## Facial Rejuvenation Acupuncture

Most patients will see an immediate increase in skin elasticity and a decrease in fine lines.

For optimal results, you need to be treated at least 4 weeks in a row for the collagen to become permanent. We recommend coming 1-2 times per week.

A course of 10-12 treatments is recommended for maximum improvement. Touch-up treatments once every 2-6 months may be needed to maintain results. Results will typically last 3-5 years.

Experience for yourself the beauty secrets of Asian royalty and achieve a younger, more radiant complexion.



### CLASSIC TOUCH ACUPUNCTURE

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## Classic Touch Acupuncture



## Facial Rejuvenation Acupuncture



## Facial Rejuvenation Acupuncture

Beauty begins from the inside out. Facial Acupuncture is based on the principles of Traditional Chinese Medicine whereas the face reflects the overall balance and health of the entire body.

Acupuncture Facials are therapeutic and effective treatments designed for each individual. The treatments generally consists of several steps: Consultation, personalized Facial products, acupuncture on the body, face and ears, facial tuina and/or guasha, stress release and breathing exercises, and diet and lifestyle recommendations.

Inserting needles into the skin encourages fibroblasts (cells that form collagen and elastin fibers) to migrate to the needling sites and lay down new collagen fibers. That means that your skin becomes more collagen- and elastin-rich through the acupuncture process. Facial treatments are also restorative for the mind and body and can slow the effects of the normal aging process and leave the complexion more radiant. They address the actual causes of skin aging by correcting underlying imbalances. Facial Rejuvenation is a non-surgical treatment and requires less recovery, less risk and is less expensive than more traditional procedures. Improvements can last 3-5 years with maintenance.



**For the face:** Detoxifies the skin, targets and reduces fine lines, smoothes wrinkles and softens deeper wrinkles, re-hydrates skin, lifts and firms sagging skin, encourages lymph drainage and reduces puffiness, increases collagen and elastin production, decreases under-eye bags, lightens dark circles, improves complexion, tightens skin and pores, lifts and firms face, skin, and neck and improves the overall quality of the skin tone which results in a more vibrant and rejuvenated effect.

**For the body:** increases energy and sense of well-being, improves digestion, emotional balance, reduced or eliminated insomnia, and minimizes overall stress on the body and face.

During your treatment, smooth heated stones are applied to certain areas of the body, helping to relieve muscular tension and giving you a grounding sense of connection with the earth.

Our acupuncture facial combines the benefits of acupuncture with special formulations that target specific skin types to replenish, rebalance, and reinvigorate it both within and without. The unique properties of these formulas detoxify and purify the skin, allowing it to become balanced, repair itself and reduce the signs of aging. Powerful anti-oxidants protect and repair the skin from harmful environmental aging factors and oxidative damage. In addition, circulation to



the dermal layers is improved enabling the transportation of essential vitamins and nutrients to skin cells for enhanced cell rejuvenation and repair. As a result, overall skin quality and elasticity are improved leaving the skin feeling firm, smooth and soft.

Our acupuncture facial starts with a full facial cleansing and face mask followed by acupuncture points to the body and then to your face. The treatment is completed with a facial massage and finished with a day cream and/or serum.

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Both women and men choose Facial Rejuvenation Acupuncture as an effective alternative to surgical face lifts, though it is not a replacement for surgery in certain situations. It is less costly, safe and there is no risk of disfigurement. Many models and people in the theater, film or TV now choose Facial Rejuvenation Acupuncture to improve their appearance because there is no loss of facial expression, as there is with Botox for instance, and it is very comfortable and relaxing as well. Madonna, Cher and Gwyneth Paltrow have all enjoyed the results of Facial Rejuvenation Acupuncture.

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