# TREATMENT PRICES

# **TCM Acupuncture**

Initial Acupuncture Treatment	\$15
(90 min)	
Follow-up Acupuncture Treatments	\$85
(60 min)	

# <u>Spa Acupuncture</u>

Initial Facial Rejuvenation Acupuncture	\$250
(90-120 min)	
Follow-up Facial Acupuncture	\$200
(60-90 min)	

Breast Enhancement Acupuncture (60-90 min)

Cellulite Reduction Acupuncture (60-90 min)

Ultimate Urban Hand Relief (60 min) \$ 80

# Add-on Services

Hot Towel Foot Exfoliation & Massage \$20 (10 min)

Stone Therapy (10 min)

\$ 20

#### **Insurance**

At Classic Touch Acupuncture our number one job is to help people. Classic Touch Acupuncture accepts Medical Insurance and No Fault Insurance, **when approved**. If you are concerned about fees or payment for Acupuncture care please feel free to call and discuss your current situation. We also offer a Sr. Citizen discount and discount packages.

In the event of an auto accident most patients will have no out-of pocket expense for treatment at Classic Touch Acupuncture Center. If your insurance company covers acupuncture, usually the co-pay or co-insurance is minimal. Our range of ancient and modern therapies provide the perfect remedy for both body and soul.

# CLASSIC TOUCH ACUPUNCTURE

Specializing in signature healing and anti-aging remedies for the body and soul.

# CLASSIC TOUCH ACUPUNCTURE

Phone: 646-233-3016 www.classictouchacupuncture.com Dr. Karen Chase LAC MSAC, PHD NMD Ph: 646-233-3016

#### ASIAN INFLUENCE

Classic Touch Acupuncture offers a unique approach to achieving overall well-being of mind, body and spirit:

#### Calm

Treatments are designed for tranquility, creating a state of complete relaxation

#### **Balance**

Treatments are created to restore depleted energy and stimulate creativity

#### Purify

Treatments are inspired to cleanse and enlighten body and mind

#### Heal

Treatments will renew your spirit, ease your mind and soothe your body

#### **Revitalize**

Treatments provide an energy boost, invigorating the body and revealing an uplifted inner self. Inspired from rituals around the world, our treatments are deeply rooted in authentic tradition and enhanced with the latest techniques.

Acupuncture is an ancient healing system that helps restore the normal flow of the body's energy called "Qi" through 14 major energy channels. Any blockage or deficiency of Qi can lead to ill health and/or pain. Acupuncture involves the insertion of hair-thin, sterilized disposable needles into specific points to restore the normal flow of Qi. In addition to the many medical conditions that can be treated by acupuncture, it can also be used to maintain good health, relieve stress and promote relaxation.

### INDIVIDUALIZED TREATMENTS

#### **Initial Consultation**

During your first visit, a complete health history will be taken to identify problem areas. You will be asked about your history of illness, lifestyle and diet. After this thorough evaluation you will receive an acupuncture treatment and recommendations to address your particular health needs.

# **Follow-up Treatments**

At follow-up treatments, changes in your health status will be discussed followed by an acupuncture treatment.

### **Prescribed Treatments May Include:**

- Acupuncture
- Moxabustion
- Electric Stimulation
- Hot Towels, Hot Stones
- The Following is a brief list of some of the many issues that can be treated with acupuncture:
- Digestive disorders (IBS, acid reflux, peptic ulcers, Crohns, etc.)
- **Respiratory** (asthma, allergies, bronchitis, hay • fever, etc.)
- Chronic and acute musculo-skeletal pain
- Immune deficiency (common cold, chronic sinus • infections, etc.)
- Dermatological conditions (acne, scars, • wrinkles, rosacea, facial "lifts", etc.)
- Urologic/Gynecological (PMS, infertility male • & female, ovarian cysts, ED, menopause)
- Neurological dysfunction (paresthesia, MS, etc.) •
- Emotional issues (anxiety, depression, body • image issues, postpartum, etc.)
- Sleep disorders (insomnia, etc.)
- Stress
- Cardiovascular (high cholesterol, hypertension, etc.)
- Weight Loss
- And more...

# **Orthopedic-style Acupuncture**

-is an integrative natural rapid recovery system that maximizes western science with an eastern medical approach to not only treat and prevent injuries, but also to enhance health, endurance, and performance. Acupuncture is proven to be effective in sports medicine to increase blood flow to the injured area allowing the muscles to relax and reduce pain. Acupuncture and herbal remedies are unmatched in controlling pain and reducing inflammation with no adverse effects.

# **Facial Rejuvenation**

For men and women who want to decrease the signs of aging without the use of cosmetic surgery, acupuncture is an appealing alternative. Over a series of 10-12 sessions, facial acupuncture helps to erase fine lines, soften deeper creases, reduce puffiness around the eyes and improve overall tone in the face. The session also incorporates a hot-towel soak, custom-blended mask and high performance treatments and moisturizers. Please note that single sessions are available, but a minimum of 10 sessions are recommended for optimal and long lasting results.

# How often should I go for treatment

The duration and frequency of acupuncture treatments vary depending on the health problem and the patients constitution. Results are often felt immediately for an acute condition or may require several visits for chronic complaints. Depending on the severity of the complaint and the extent to which lifestyle patterns exacerbate the problem, a course of treatments can range from six to twelve visits. When symptoms are under control, we recommend that patients should come in for maintenance and care once a month. Some patients enjoy the treatments so much that they continue to have weekly treatments!

- Linaments - Herbs
- Cupping, Gua Sha
- Tui Na

