

Breast Enhancement Acupuncture

Breast Enhancement by acupuncture is not just a local breast issue. We analyze the individual patient and decide what are the internal (root) causes; the treatment plan is then made accordingly. The cosmetic breast improvements by acupuncture start "from the inside out" and may be achieved through the following mechanisms:

- Enhancing the local blood and lymph circulation;
- Promoting the growth of your own breast tissues;
- Strengthening the ligaments and improving the skin's elasticity;
- Restoring sex hormonal and emotional balance;
- Improving the nutrition and the gynecological/general wellbeing.



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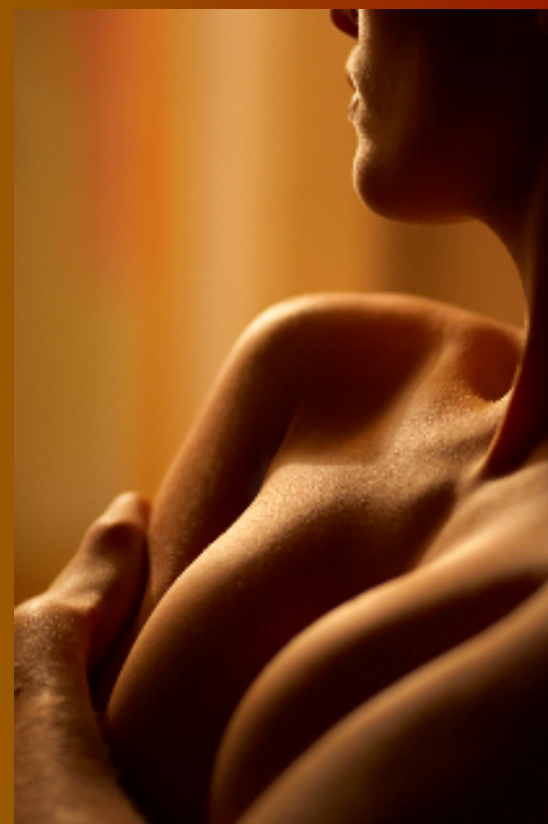
Karen Chase, L.Ac.

Phone: 646-233-3016

www.classictouchacupuncture.com

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PH: 646-233-3016

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Acupuncture has been used to improve small and sagging breasts, or to correct other breast cosmetic issues in China and other Asian countries for over 30 years. It first started among the celebrities and because it is natural, effective and side-effect free, it has now become more popular in various groups of women.

By working with the body's natural energy it is possible to improve the firmness and appearance of the breast and accentuate cleavage. Acupuncture has been used in China for thousands of years and actually helps regulate the hormones of the body and improves your health and breast tissue. You can also get around a 10% increase in breast size. The treatments are cumulative and over the weeks of treatment a gradual change takes place.

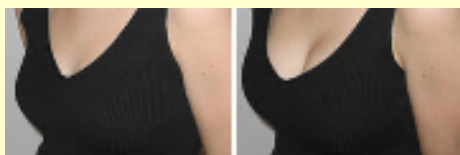
What results can you expect from acupuncture breast augmentation?

Not a DD cup - definitely not the same results as from a normal breast augmentation procedure. The improvement is minimal - only 10% or one cup size.

Should you try it instead of a breast augmentation surgery?

Acupuncture is not a replacement for surgery. On the other hand, the largest risk is disappointment. There are no major risks if a trained acupuncturist does the treatment.

Acupuncture may work for women who would like to improve their looks but are not ready for surgery and are looking to make a minor change in the size and shape of their breasts.



Are you a candidate for acupuncture breast enhancement?

Unlike breast implant surgery, which may result in complications (such as infection, bleeding, immune reactions, scarring, capsular contracture, deflation or rupture, and removal-replacement), acupuncture breast augmentation/enhancement is natural, pain free and has no scars. The candidates for acupuncture breast enhancement may include females (from 16 to 55 years old), who want to choose a non-surgical approach to improving breast cosmetic image due to the following conditions:

- Small breasts
- Unequal breasts
- Sagging breasts
- Inverted nipples

Women who have relatively normal breasts may also want to try the treatment to maintain or prevent the premature sagging of breasts.

Patients with breast cancer, blood coagulation disorders, or severe immune deficient diseases are not recommended for the acupuncture "breast enhancement" treatment.

Techniques and number of sessions?

The treatment is mainly by acupuncture however, dietary changes, self-massage and Chinese herbal formula may be recommended when it is necessary. The success is greatly based on the accurate assessment (diagnosis), thoughtful selection of meridians/points, and the perceptive needling techniques, all of which require significant clinical insights and expertise.

The numbers of treatment sessions needed vary, usually from 8 to 24 sessions. When the desired results have been achieved, the visits are tapered down to once a week, once every two weeks, and then once per month to stabilize the results. Additional sessions may be required in some particular cases.

What to expect?

The size increase from acupuncture breast augmentation is not as dramatic as that from surgical breast implantation. Most patients will experience the breast cosmetic improvements after 4 to 8 sessions. As to breast size enhancement, according to data from China, typical results are an increase of 10% or up to one full cup size.

The variation of treatment results is related to (1) the genetic factors, (2) general health conditions, and (3) the individual sensitivity to the acupuncture.

The results, once achieved, are normally stable as long as the patient maintains good general health. Through the acupuncture breast augmentation treatment, you may find yourself healthier, younger, happier, and more confident!

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